



**VALENCIA FLYERS
YOUTH HOCKEY CLUB**

**GUIDE BOOK
TO THE
RULES AND REGULATIONS**

2018/2019 SEASON



TABLE OF CONTENTS

Rules and Regulations

1. Tryouts/Free Agency Period
2. Letter of Intent/USA Hockey Registration Fee/Season Fee
3. Participant Financial Agreement
4. Jerseys, Helmet and Shells
5. Warm-ups and Other Apparel
6. Coaches' Fee
7. Related Travel Expenses
8. Fundraisers
9. Player Credentials
10. Suspension
11. Conduct of Parents/Players/Spectators
12. Locker Rooms and Locker Room Assignments
13. Releases
14. Temporary Releases

Policies

1. Zero Tolerance
2. SafeSport
3. Screening
4. Hazing
5. Consumption/Use/Abuse of Mood Altering Substances
6. Weapons
7. Travel Lodging and Player Overnight Accommodations

Appendix

- i. SafeSport Locker Room Policy
- ii. SafeSport Travel Policy

Rules and Regulations of Valencia Express Hockey Club (VEHC)

**Last Revised
June, 2018**

1. Tryouts/Free Agency Period

Tryouts are held during the “free agency” period from May 1 to August 15 as prescribed by CAHA and/or SCAHA. Once a player has signed a Letter of Intent, he/she is not allowed to try out at any other club. VEHC retains the right not to release a player once a Letter of Intent has been signed.

2. Letter of Intent/USA Hockey Registration Fee/Season Fee Deposit

A Letter of Intent that is not filled out completely is *not* valid. New players signing with VEHC must present a birth certificate with the completed Letter of Intent (see Player Credentials section). Players who do not provide a birth certificate cannot be rostered and will therefore be ineligible to begin practicing with their teams.

A player is not officially signed with a team unless (1) proof of USA Hockey Registration fee is paid in full, and (2) the VEHC Season Fee Deposit (amount to be determined by VEHC and/or SCAHA) is paid in full. VEHC Season Fee Deposit is non-refundable, and there are no exceptions.

3. Participant Financial Agreement

VEHC will present a Financial Agreement that will indicate the total Season Fee, and will include a Season Fee deposit representing a portion of the Season Fee and which is non-refundable. A parent or guardian of the signing player must sign this agreement before a player participates in any on-ice activity following tryouts.

4. Jerseys, Helmet and Shells

The cost of jerseys, helmet and shells are *not* included in the Season Fee. New players are expected to order jerseys, matching VEHC approved helmet and shell at the first available opportunity as prescribed by the VEHC. Jersey numbers are assigned according to preference and availability. The skater with the most seniority in the club will retain his number. Costs related to changing a number are the sole responsibility of the member. Seniority is based on continued membership at VEHC. Once a player has played any portion of a season with another club, or does not try out with VEHC at the start of the following season after having played with VEHC, seniority is lost.

5. Warm-Ups and Other Apparel

Warm-ups are purchased at the direction of the team coach. In order to provide consistency throughout the club, there is one club-authorized warm-up. The club will not allow a team to purchase its own warm-ups elsewhere or use the club logo on any apparel without authorization of VEHC.

6. Coaches' Fee

Coaches' fee is defined as the total combination of designated monthly payments to the coach by VEHC. The Coaches' fee will be the total amount of payment that a coach is to be paid.

The Coaches' fee will include:

- Monthly payment from VEHC, with all the limits and exceptions as specified in the specific agreement between the VEHC and the coach.
- Reimbursements for travel as specified in the guidebook (see Section 8 herein) and paid by the team.
- Per Diem for qualified events, as specified in the guidebook (see Section 8 herein).

In light of VEHC's philosophy of being a family oriented, non-profit organization, the following items are specifically not permitted payments to the coach or a member of the coaching staff, unless voted on in a parent meeting of the families signed to the team and passed by a majority vote of the parents:

- Mandatory "private lessons" by any member of the team or VEHC coaching staff.
- Mandatory clinics outside of VEHC programs.
- Mandatory off-ice conditioning sessions outside of VEHC programs.
- Additional "coaches' fees" paid for tournaments, exhibition games, or any event that the coach or team schedules beyond the league (SCAHA or CAHA) scheduled games/events.
- Any additional events, sessions, or activities not provided by VEHC that require additional payment to the coach.

No event or activity that requires additional payment to a member of a team's coaching or management staff can be required based on any team contract signed as a requirement of being on the team unless voted on in a parent meeting of the families signed to the team and passed by a majority vote of the parents.

Excluded from this are expected additional expenses (not coaches' fees) such as normal expenses for tournaments, exhibition games, scrimmages, and extra practices. These expenses are assumed to be part of being on a team and are defined and clarified in the following section of this guidebook.

7. Related Travel Expenses

The cost of travel/club hockey for a player also includes non-parent coaches travel expenses for tournaments and any other non-SCAHA or non-CAHA scheduled team events outside the greater Los Angeles, Orange, Riverside and San Bernardino County areas. These costs will be collected by the team manager and notification in writing will be given to each parent/player by the team manager which will include amount due and date due. These costs are in ADDITION to VEHC Season Fee.

Head Coach/Assistant Coach/Team Manager with NO child/player on the team, herein referred to as "Non-Player Team Staff Member," are reimbursed for applicable and Related Travel Expenses by the applicable team's team fund (NOT the Club) up to a maximum 1-Head Coach, 1-Assistant Coach and 1Team Manager per team, as follows:

- a) 100% of Non-Player Team Staff Member roundtrip flight, up to a maximum \$800 per trip.
- b) 100% of standard hotel room (2 double beds) for REQUIRED nights only (i.e., one (1) day prior to event game day up to and including last day of event) up to a maximum \$150 per night.

- c) 100% of standard rental car for REQUIRED travel days only (Gas Option REQUIRED and included as reimbursable expense). All Non-Player Team Staff Members MUST share rental car (up to 4 Staff Members PER car) up to a maximum \$100 per day.
- d) \$25 per day stipend for ALL travel days (including day of departure and arrival, unless departure to event is after 9pm and if return arrival from event is prior to 8am)

Items not included in “related travel expenses” include:

- a) “Coaching fees” either on a per-game or per trip basis.
- b) Use of personal vehicle other than for actual gas used, and only for trips where no air travel or rental car expenses are paid
- c) Specific meals, or any items normally seen as covered by the per diem.

All Related Travel Expense items must be submitted by a Team Staff Member via detailed spreadsheet (receipts included, copies ARE acceptable) to Team Manager by the staff member (or to the Head Coach if Team Manager Reimbursements) within ten (10) days following event. Team manager will reimburse staff member within seven (7) days of receipt of expense report.

In the event that a Team Staff Member is unable to pay in advance the reimbursable portion of his/her team related travel expenses, the Team Manager will make arrangements to pay for the items in advance and keep receipts showing the detail of expenditures for the Team Staff Member’s reimbursable travel expenses.

Procedure for a team to add mandatory expenses to be shared by the team.

Some teams may want to add additional activities that will cost the team and its players additional money above the fees and charges stated. These fees or charges can be added in the following manner:

Fees for additional clinics/coaching. If a team wants to add a required session at a private training facility, they can list such in the team’s plans for the season and require it for the season for all players, as long as it is made clear to all players/parents prior to signing their LOI. The cost can be collected weekly, monthly, or however the coach decides. If there are players that will be unable to participate, it is up to the coach to decide if players can be exempted from paying as a non-participant. No part of the fee or charge can be directed to the coaches for either participating in or arranging the activity.

Any additional collections: Once a team is formed additional collections, fees and charges may be added at the request of the coach under the following procedure.

- a) The reason for the expense, the amount of the expense, and the method for collecting the expense must be presented to the parents/guardians of the team players in an official team meeting. Sufficient notice must be given to the families to ensure participation in the meeting.
- b) A minimum of 75% of the players on the team must be represented in the meeting.
- c) The reason for the additional fee must be explained verbally in the meeting, and time must be allowed for questions and answers. If any players (such as goalies) are to be given a different rate that should be discussed also.
- d) After the discussion is complete, a vote will be cast. It can be an open show of hands or a secret written ballot, to be decided by a motion on the vote. The action can be passed by a simple majority of the roster size (not of players represented at the meeting) unless a motion is passed to increase the required majority.

- e) Once passed, the fee/charge becomes a requirement, and can only be changed by an additional meeting and vote.

At the end of the season, any player still owing any team fees, can be placed on the SCAHA delinquent list by the club until they are collected.

8. Fundraisers

As a VEHC member, you *may* be required to participate in one or more club fundraisers during the season, and the dollar amount determined from these fundraisers (not to exceed \$200) is considered part of your dues in that you may be considered delinquent if it is not paid without exception. Actual fundraising programs will be determined up to or prior outset of the regular season, and no later than October 31. Team fundraisers are excluded from the delinquency clause.

9. Player Credentials

Sometime between tryouts and pre-season practices, parents or guardians will be asked to complete several forms before their child is allowed to practice with their team. This paperwork will include a Medical History/Consent to Treat form, a Waiver of Liability, and Code of Conduct. It is absolutely necessary that parents or guardians complete this paperwork and return it promptly to the team manager.

Parents or guardians are responsible for providing birth certificates to VEHC. Hospital certificates, baptismal certificates, passports, and notifications of birth registration are not acceptable as proof of birth. Foreign-born players must present an official birth certificate *and* an alien registration card, current I-94, or student visa. Players new to the league must show a copy of the birth certificate. Roster and score sheet names must match the name as listed on the official birth certificate. The registrar will suspend players with incomplete credentials until the complete credentials are received.

10. Suspension

Suspension of a player, coach, parent, management, or others can occur any time during the season for several reasons. Players and coaches must sign a Code of Conduct agreeing to certain rules of conduct. If these rules are violated, a suspension may result. It is the responsibility of the team coach and the manager to be aware if players, coaches, parents, management or others have incurred a suspension for any reason. One-game suspensions must be satisfied in accordance with USA Hockey/SCAHA rules and regulations. Score sheets are monitored by the VEHC Head Coach and the SCAHA statistician. Suspensions may be deemed necessary by VEHC, SCAHA, CAHA or USA Hockey and suspended persons will be notified of these decisions. Suspensions for 30-days or more will *never* result in waiver of any portion of the Season Fee and may result in forfeiture of all or a portion of a coaches' fee.

Coaches, head or assistant, who are issued Game Misconduct or Match Penalties for any reasons other than 15+ penalties in a game during the current playing season (League, Tournament or Exhibition games), and including "Abuse of Officials" penalties, will in addition to being suspended by the League for the duration to be determined by the League for such penalty. Said coach will meet with the VEHC Penalty Review Committee (VEHC President and Head Coach). This meeting could lead to further disciplinary actions taken against the coach.

11. Conduct of Parents/Players/Spectators

VEHC is committed to enforcing all rules and regulations concerning good sportsmanship. This includes conduct in the stands. Parents/spectators should refrain from conduct unbecoming a youth sport. Foul language will never be tolerated. Those unable to control their behavior will be asked to leave the rink. Coaches retain the right to sit any player displaying poor conduct or behaving in a manner that they deem inappropriate or detrimental to the team. Conduct hearings may be conducted at the request of a coach. Dues are not waived for players suspended for conduct reasons or penalties (e.g., match penalties). VEHC may suspend abusive parents from attending games or practices.

When at the rink for any Club or team function, please note the following matters pertaining to team ice times:

1. Player bags should be (A) placed inside a locker room prior to a session, (B) left in a locker room until time to leave the rink, or (C) left in the car they came in until such time to enter a locker room or leave the rink.
2. NO players are allowed onto the ice surface until the Zamboni ("Zam") has left the ice and the doors to the Zam entrance have been closed - **NO EXCEPTIONS!!!**
3. NO players are allowed on the ice prior to the regularly scheduled ice session. Players or teams that enter the ice prior to their regularly scheduled ice time will be fined at the rate of \$10 a minute. Coaches that allow players to enter the ice surface prior to their regularly scheduled ice time will face disciplinary actions from the VEHC.

12. Locker Room and Locker Room Assignments

Please remember that locker room assignments, keys, and the condition of the locker room are ultimately the responsibility of each team. Teams can either assign a specific person or persons, or assign rotating locker room duty to all the players or parents, but the principles are:

1. The locker room has to be unlocked and open when the players arrive. It is best to have it ready 45 minutes before assigned ice time. This is true for practices and games (both home and road).
2. The locker room should be locked when the kids are on the ice. The rinks and Clubs will not accept any responsibility for lost or stolen items, so best not to leave valuables (i.e., keys, wallets, money, phones, etc.) in the lockers at any time.
3. After practices or games, the locker room should be inspected, cleaned and locked. While the *players* might otherwise be cleaning up after themselves, it remains the entire team's responsibility for both (A) accepting a clean locker room from the rink as well as (B) returning a clean locker room back to the rink.

At our home rink as well as other rinks, do NOT allow players to get dressed in the hallway. Always use the assigned locker room. When the players are outside the rink for dry land sessions, their bags should be either in their locker room (if available) or stacked neatly out of the way of the halls, doorways, or offices of each rink.

13. Releases

Once the free agency period is over, releases become the sole discretion of the VEHC President. The league no longer offers a provision for parents/players to request a release unless certain circumstances are present (see SCAHA Guidebook). If a release is desired, the request must be put in writing to the Club President and the signature of the Club President or Vice President secured to approve such release. The deadline for requesting a release from the VEHC is October 31. VEHC reserves the right to deny a release when it is in the best interest of the club/team to do so. Any release granted will require payment in full of any outstanding VEHC or team fees due and owed at the time a release is requested. No release will be considered absent full payment of the VEHC Season Fee or other monies owed the Club and/or team.

Season fees **may** be prorated based on the amount of time played and accounting for tournament commitments made prior to the requested release.

Players who walk away from their team without notice or without obtaining a release are not eligible to sign or play with any other SCAHA team in the current or subsequent seasons until their account is settled with VEHC. *Those players who have committed to playing on a non-SCAHA or CAHA team will not be refunded any portion of the fees if they should choose to leave the VEHC team.*

14. Temporary Releases

From time-to-time a player may wish to play with a different team, usually for a tournament. If the team is with another club, a temporary release must be obtained, and it is the responsibility of the parent/guardian or the player to request this release in writing from the Club President and the signature of the Club President or Vice President secured to approve such release. Be aware that temporary releases may be denied if there is a conflict with normal SCAHA games, Club practices or other team events. Players with delinquent Season Fees or monthly dues will never be granted a temporary release.

Policies of Valencia Express Hockey Club (VEHC)

Last Revised
June, 2018

POLICIES

1. Zero Tolerance

In an effort to make ice hockey a more desirable and rewarding experience for all participants, the USA Hockey Youth, Junior and Adult Councils have instructed the Officiating Program to adhere to certain points of emphasis relating to sportsmanship. This campaign is designed to require all players, coaches, officials, team officials, administrators, and parents/spectators to maintain a sportsmanlike and educational atmosphere before, during, and after all USA Hockey sanctioned games. Thus, the following points of emphasis must be implemented:

Players

A minor penalty for unsportsmanlike conduct (Zero Tolerance) shall be assessed whenever a player:

1. Openly disputes or argues any decision by an official.
2. Uses obscene or vulgar language at any time, including any swearing, even if it is not directed at a particular person.
3. Visually demonstrates any sign of dissatisfaction with an official's decision. Any time a player persists in any of these actions, that player shall be assessed a misconduct penalty. A Game Misconduct shall result if the player continues such action.

Players will also be required to sign and abide by a "Player's Code of Ethics" which reads as follows:

The primary goal of youth hockey is to provide a recreational program that strives to assist in the athletic, social, and academic development of the players in the program. Flyers hockey helps to promote the physical, mental, moral, social, and emotional well-being of the participants. To emphasize by example the proper ideals of sportsmanship, fair play, and good citizenship while displaying proper self-control at all times. Therefore the undersigned member of the Valencia Express, Inc. youth hockey association (herein referred to as "the club") agrees as follows:

1. That he/she will strive to develop a working awareness, familiarity, and understanding of both the letter and intent of the rules and guidelines that govern youth hockey;
2. That he/she will encourage everyone involved in the program to judge the success of the program on the basis of the development and attitude of the participants rather than on the basis of winning or losing;
3. That he/she will adhere to the club's and USA hockey's zero tolerance policy. A player, who receives a game misconduct or greater penalty in any SCAHA, CAHA, or USA Hockey sanctioned game, shall attend a **MANDATORY** penalty review hearing before the club's Penalty Review Board. A parent and/or guardian must accompany the player at the hearing. The club reserves the right to assess additional penalties to any player above and beyond those penalties already received;
4. That he/she shall avoid any activity that endangers the safety, welfare, or well-being of the

participants. Any player involved in any activity that endangers the safety, welfare, or well-being of the participants will result in an immediate and indefinite suspension from all club related activities pending a hearing before by the Penalty Review Board;

5. That he/she will refrain from the use of alcohol and/or controlled substances at all times. Any use of alcohol and/or controlled substances by a participant, either within or outside of club related activities, will result in an immediate and indefinite suspension from all club related activities pending a hearing before the Penalty Review Board.

Players will also be required to sign and abide by a "USA Hockey Participant Code of Conduct" which reads as follows:

1. No swearing or abusive language on the bench, in the rink, or at any team function.
2. No lashing out at any official no matter what the call is. The coaching staff will handle all matters pertaining to officiating
3. Anyone who receives a penalty will skate directly to the penalty box.
4. Fighting will not be tolerated. Fighting will result in an appearance before a Discipline Committee.
5. There will be no drinking, smoking, chewing of tobacco or use of illegal substance at any team function.
6. I will conduct myself in a befitting manner at all facilities (ice rink, hotel, restaurant, etc.) during all team functions.
7. Any player or team official who cannot abide by these rules or violates them will be subject to further disciplinary action.

Coaches

A minor penalty for unsportsmanlike conduct (Zero Tolerance) shall be assessed whenever a coach:

1. Openly disputes or argues any decision by an official.
2. Uses obscene or vulgar language in a boisterous manner to anyone at any time.
3. Visually displays any sign of dissatisfaction with an official's decision, including standing on the boards or standing in the bench doorway with the intent of inciting the officials, players or spectators.

Any time that a coach persists in any of these actions, that coach may be assessed a Game Misconduct penalty.

Coaches, head or assistant, who are issued Game Misconduct or Match Penalties for any reasons other than 15+ penalties in a game during the current playing season (League, Tournament or Exhibition games), including "Abuse of Officials" penalties, will be suspended by the League for the duration to be determined by the League for such penalty. A coach may also be fined by the Club, and may have any Club issued compensation (either Coach Pay and/or Coach Credits) forfeited for the duration of the suspension ultimately imposed by the League or club.

All coaches agree to abide by the following guidelines.

1. We will actively encourage, support, and model the concepts of fair play:
 - Respect the rules
 - Respect your opponents
 - Respect the officials and their decisions
 - Have everyone participate
 - Maintain your self-control
2. We will be organized and prepared for all practices and games, and will optimize the use of all scheduled ice times.
3. We will not be openly critical of any players on our team or opposing teams, officials, or other coaches.
4. We will treat all players fairly and with respect and dignity at all times. We will not be abusive or speak degradingly to any players.
5. We will respond to and be aware of all players' safety and needs.
6. We will emphasize respect, self-discipline, teamwork, and fun while attempting to instill a love for the game in our players.
7. We fully understand that our system is designed to serve the needs of the players first, not the parents or the coaching staff.
8. We will attempt to teach our players to work hard to win, but not to win at all costs.
9. We will respect other coaches and work with them to ensure maximum benefit to the players.
10. I am bound to report any incidents of "hazing" or "initiation rituals" to the Director of Coaches.

Parents/Spectators

The game will be stopped by the game officials when parents/spectators displaying inappropriate and disruptive behavior interfere with other spectators or the game. The game officials will identify violators to the coaches for the purpose of removing parents/spectators from the spectators' viewing and game area. Once removed, play will resume. Lost time will not be replaced, and violators may be subject to further disciplinary action by the local governing body and are also subject to a \$250.00 fine imposed by SCAHA to the Club for which the Club will seek reimbursement from the offending parent and/or spectator pending review of the matter by the Club's President and Head Coach.

Inappropriate and disruptive behavior shall include:

1. Use of obscene or vulgar language in a boisterous manner to anyone at any time.
2. Taunting of players, coaches, officials, or other spectators by means of baiting, ridiculing, threat of physical violence, or physical violence.

3. Throwing of any object in the spectator's viewing area, player's bench, penalty box, or on the ice surface, directed in any manner as to create a safety hazard.

Parent/guardians will be required to sign and abide by a "Parent's Code of Ethics" which reads as follows:

The primary goal of youth hockey is to provide a recreational program that strives to assist in the athletic, social, and academic development of the players in the program. Youth hockey also promotes physical, mental, moral, social, and emotional well-being of the participants. To emphasize by example the proper ideals of sportsmanship, fair play, and good citizenship while displaying proper self-control at all times. Therefore, the parents/guardians of a member of the Valencia Flyers youth hockey association (herein referred to as "the club") agree as follows:

Each parent, legal guardian, and guest of a player who is affiliated in any way with the Club shall conduct themselves according to the highest standards of sportsmanlike conduct. Every parent, legal guardian and guest is accountable to the Board of Directors for their failure to meet this standard of conduct when participating in any function of the Valencia Flyers. The Board of Directors is vested with the authority to impose any penalty it deems appropriate for unsportsmanlike conduct engaged in, or exhibited by a parent, legal guardian or guest.

1. I will not force my child to participate in sports.
2. I will remember that children participate to have fun and that the game is for youth, not adults.
3. I will inform the coach of any physical disability or ailment that may affect the safety of my child or the safety of others
4. I will learn the rules of the game and the policies of the league.
5. I (and my guests) will be a positive role model for my child and encourage sportsmanship by showing respect and courtesy, and by demonstrating positive support for all players, coaches, officials and spectators at every game, practice or sporting event.
6. I will not encourage any behaviors or practices that would endanger the health and well-being of the athletes.
7. I will teach my child to play by the rules and to resolve conflicts without resorting to hostility or violence.
8. I will demand that my child treat other players, coaches, officials and spectators with respect regardless of race, creed, color, sex or ability.
9. I will teach my child that doing one's best is more important than winning, so that my child will never feel defeated by the outcome of a game or his/her performance.
10. I will recognize the importance of volunteer coaches. They are important to the club, the development of your child, and the sport. Communicate with them and support them. I will wait to speak to a coach about their decisions at least 24 hours after a game or practice to avoid situations that are unbecoming of youth sports. Miscommunications most often occur when emotions are high.

11. I will praise my child for competing fairly and trying hard, and make my child feel like a winner every day.
12. I will never ridicule or yell at my child or other participants for making a mistake or losing a competition.
13. I will emphasize skill development and practice and how they benefit my child over winning.
14. I will promote the emotional and physical well-being of the athletes ahead of any personal desire I may have for my child to win.
15. I will not shout, taunt, disturb, or use profanity toward the players, referees, opponents, or other spectators. Game officials are off-limits during and after a game. There is a zero tolerance policy for players, coaches, and spectators. Any spectator exhibiting the above-described behavior will be removed from the rink. SCAHA rule 17.06, states "any spectator ejected from any game will be suspended from all SCAHA related activities for 30 days and be fined \$250.
16. I will demand a sports environment for my child that is free from drugs, tobacco, and alcohol, and I will refrain from their use at all sports events.
17. I will refrain from coaching my child or other players during games and practices, unless I am one of the official coaches of the team.

2. SafeSport

The safety of its participants is of paramount importance to USA Hockey and VEHC. This includes not only on-ice safety, but also off-ice safety in any part of USA Hockey's programs.

USA Hockey and VEHC have ZERO TOLERANCE for abuse and misconduct.

A USA Hockey member or parent of any member who (1) violates any of the SafeSport policies or (2) fails to consent to, and pass a screening and background check in compliance with the Screening and Background Check Program, may be denied eligibility within any USA Hockey program and is subject to appropriate disciplinary action including, but not limited to, suspension, permanent suspension, and/or referral to law enforcement authorities.

Locker Room Policy

See appendix i.

Travel Policy

See appendix ii.

3. Screening

It is the policy of VEHC that it will not authorize or sanction in its programs that it directly controls, any volunteer or employee who has routine access to children (anyone under the age of majority) who refuses to consent to be screened by VEHC before he/she is allowed to have routine access to children in VEHC programs.

A person may be disqualified and prohibited from serving as a member or volunteer of VEHC if the person:

1. Refuses to complete the CAHA Screening Compliance background check program.
2. Has been convicted (including crimes the record of which has been expunged and pleas of “no contest”) of a crime of child abuse, sexual abuse of a minor, physical abuse, causing a child’s death, neglect of a child, murder, manslaughter, felony assault, any assault against a minor, kidnapping, arson, criminal sexual conduct, prostitution related crimes or controlled substance crimes;
3. Has been adjudged liable for civil penalties or damages involving sexual or physical abuse of children;
4. Has been subject to any court order involving any sexual abuse or physical abuse of a minor, including but not limited to domestic order or protection;
5. Has had their parental rights terminated;
6. Has a history with another organization (volunteer, employment, etc.) of complaints of sexual or physical abuse of minors;
7. Has resigned, been terminated or been asked to resign from a position, whether paid or unpaid, due to complaint(s) of sexual or physical abuse of minors; or
8. Has a history of other behavior that indicates they may be a danger to children in VEHC.

4. Hazing

It is the policy of VEHC that there shall be no hazing of any participant involved in any of its sanctioned programs, its Training Camps, Hockey Clinics, Coaches Clinics, Referee Clinics, Regional and National Tournaments or other VEHC events by any employee, volunteer, participant or independent contractor.

Definition: Conduct which is insulting, intimidating, humiliating, offensive, or physically harmful. Any player, team official, executive member of a team, club or association having been party to or having had knowledge of any degrading hazing, or initiation rite, without reporting it or taking action, shall be subject to suspension from playing or holding office with any team, club or association affiliated with VEHC.

5. Consumption/Use/Abuse of Mood Altering Substances

It is the considered judgment of VEHC that consumption/use/abuse of mood altering substances is detrimental to a healthy state of mind, body, and spirit in an athletic participant. This is especially true for those participants aspiring to develop their talents in the furtherance of their playing, or coaching, or officiating careers in the sport of ice hockey. Therefore, with the best interests of its participants in mind, VEHC prohibits use by any participant or member of mood altering substances during active participation in its programs, and, upon discovery of any violation, shall take action to remove the participant from participation in its programs for a reasonable period of time.

Further, VEHC hereby recommend that each and all of its teams, associations, programs, and affiliates adopt reasonable regulations concerning the prohibition of consumption/use/abuse of mood altering substances, and a reasonable enforcement procedure thereafter, in order to maintain the health of our athlete participants, the integrity of our programs, and the eligibility of all of our competitors for national, international, and collegiate competition.

For purposes of this policy, the words “mood altering substances” shall include, but not be limited to, the following:

1. Intoxicating beverages, including, but not limited to, alcohol.
2. Non-prescription or prescribed controlled substances.
3. Prescription or prescribed controlled substances when used to an excess in violation of doctors orders, or to produce the state of intoxication in the participant.

Further, a participant shall include players, coaches, referees, and all persons involved in the conduct of an ice hockey contest.

6. Weapons

It is the policy of VEHC that weapons of any kind, including but not limited to, guns, knives, brass knuckles, whips, nun chucks, etc., are not allowed by any participant involved in any of its sanctioned programs, its Training Camps, Hockey Clinics, Coaches Clinics, Referee Clinics, Regional and National Tournaments or other VEHC events, by any employee, volunteer, participant or independent contractor, to be brought to any location where any Club sanctioned activity is or will be occurring.

7. Travel Lodging and Player Overnight Accommodations

It is the policy of VEHC that when teams are otherwise using hotel/motel or other venues for overnight accommodations during either regionally local or out-of-town events, that players will lodge only with their immediate family members or guardians. Players may lodge with other team players or parents only upon express and written authorization of the players' own immediate family members or guardian. Violation of this policy subjects the violating member to immediate suspension and other disciplinary action, up to and including permanent suspension for the balance of the current playing season.