

THE BOYS & GIRLS CLUB

AND

THE CEDAR RAPIDS RIVER KINGS

ANNOUNCE: 1ST YOUTH INDOOR FLAG FOOTBALL LEAGUE



This program is part of the Boys & Girls Club's Triple Play Academy

GREAT FUTURES START HERE.



**BOYS & GIRLS CLUBS
OF CEDAR RAPIDS**



JR. RIVER KINGS GET THE FULL IFL EXPERIENCE!

- Practice is mandatory
- 1 practice per week
- Jr. River King Bowl
- Co-ed grades 3-5
- Practice starts January 23rd
- Education & Behavior Guidelines
- All pre game meals will be eaten with the River Kings players!
- Live Media Interviews over the radio!
- Meet and greet for the public to meet BGC players.
- Players will have their own football cards
- All games are played at the US Cellular Center on the indoor field prior to the River Kings games!



Registration fees are waived by the Boys & Girls Club and the Cedar Rapids River Kings

Boys & Girls Club : Lori Ampey - Director of Programming & Outreach

River Kings: Myke Darrough - Director of Partnerships & Promotions

Boys & Girls Club : Myron Snyder - Youth Sports Coordinator

To register please contact Lori Ampey at Lampeybgc@live.com or 319-350-3759