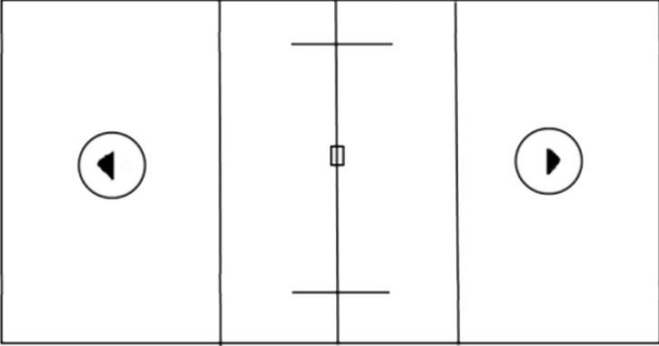


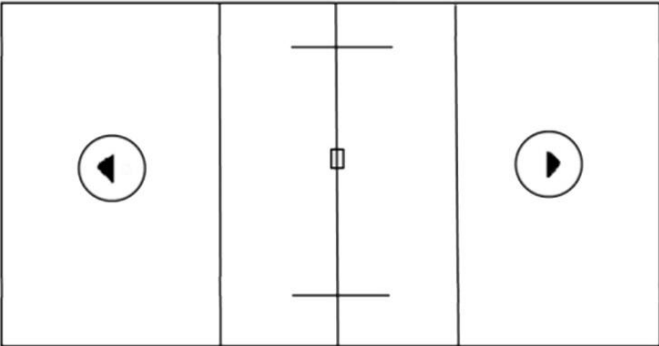


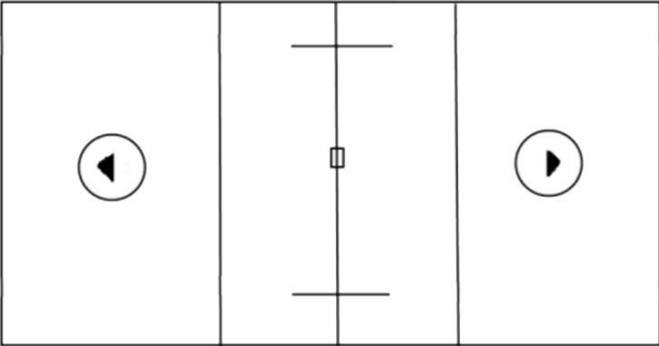
Men's Field Lacrosse Practice Plan

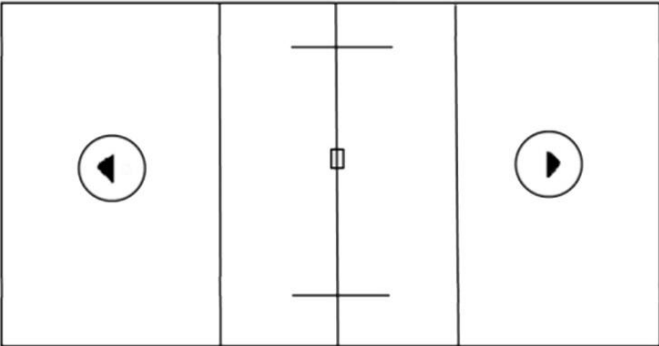
Division: _____ Date: _____ Time: _____ Practice #: _____

Objectives: _____

Time:	Drill Name:	
Description and key teaching points:		

Time:	Drill Name:	
Description and key teaching points:		

Time:	Drill Name:	
Description and key teaching points:		

Time:	Drill Name:	
Description and key teaching points:		