



# Adult Open League Policies and Rules

Rules are subject to change at anytime without notification.

For our RHA Rulebook, which is what we use as a guideline of the rules, visit [www.lcrh.info](http://www.lcrh.info). Please note that this is an abridged version of specific rules, and may not contain all rules in place.

Please visit [WWW.LCRH.INFO](http://WWW.LCRH.INFO) for more League related rules and policies.

## ***Fighting and Roughing (Rule 615)***

LCRH does not condone any actions that result in an altercation or the exchanging of blows for any reason. Players that participate in an altercation will typically be given a game ejection, game misconduct and in most cases suspended. Altercations are considered any disturbance in the game that is outside the confines of the rules – Physical contact or verbal abuse can be considered an altercation. In addition, players that receive a 5-minute major for fighting will be suspended for an extended length of time. The determination of games is decided by Hockey Management. Players that engage with gloves on can still be given a penalty for fighting. **If you do not want to be suspended, do not participate in altercations.**

## ***Retaliation***

LCRH takes a strict stance on retaliation and how penalties are enforced due to a play that resulted in a retaliation. Regardless of the action that happened prior to the infraction, **all players are responsible for their own actions.** Players are reminded that no matter what leads up to an altercation, infraction, or any other adverse issue, that each player will be held accountable for their own actions. This typically is seen when an infraction occurs, and a player retaliates back at another player. "Self Defense" claims should result in a player turtling or otherwise trying to get away from an altercation or action that happened to them, not retaliating back at a player.

## ***Abuse of Officials & Unsportsmanlike Conduct (Rule 601)***

Players will always be expected to conduct themselves in a sportsmanlike manner. Yelling at officials, staff members, damaging facility property or otherwise doing anything that is not in the spirit of the game will not be tolerated. Officials are given great discretion in this aspect. Players that use profanity or act in a way that would be considered unsportsmanlike will be penalized and may constitute a game ejection or a game misconduct penalty assessed to the player. Our officials are trained to immediately penalize and if necessary, eject players from games that infringe on this rule. Suspensions will follow if determined necessary. Officials are NOT required to speak with players about calls. Players are encouraged to review Rule 601 in its entirety in order to better understand the standards set by LCRH. **If you are at all confused about this rule, refrain from speaking to the official or feel free to discuss in a professional manner with LCRH Management. Remember, they are trained to penalize unsportsmanlike conduct penalties, and no amount of arguing or discussions with an official is going to overturn a call.**

## ***Third Man In Rule***

Any player or goaltender deemed to intervene in an altercation already in progress, including any player entering as a peacemaker, shall receive a game ejection penalty. Any player who enters or participates in an altercation already in progress will be assessed a Game Misconduct and suspended a minimum of one game. Lastly, any player who leaves the bench during an altercation will be assessed a game ejection. If that player intervenes during the altercation, then he will receive a game misconduct and suspended. The final determination on suspension lengths will be made by LCRH management.

## ***Other Misconduct (Rule 601)***

LCRH is enforcing new rules ratified in 2018 regarding Ethnic & Racial Slurs, along with other various unsportsmanlike conduct calls. In particular, the new enforcement calls for a game misconduct when a participant uses language that is offensive, hateful or discriminatory in nature anywhere in the rink before, during or after the game. Should a Game Misconduct be assessed to a player for this rule, they will be suspended.

## ***Suspension Determination & Enforcement***

In cases where a penalty or suspension requires further investigation or discussion, LCRH may add, remove, change or otherwise modify the result of penalties. LCRH reserves the right to add additional penalties and suspensions after the completion of a game, including when the game is submitted to Pointstreak. This is done so that more severe altercations and other issues can be properly penalized and properly documented. There is no time frame required for this to be completed by; however, LCRH will do everything in its power to assess any supplementary discipline as quickly as possible. In addition, Supplementary Discipline can extend to roster violations, such as attempting to use an illegal player, or failure to notify the league that a team will not be present at a game.