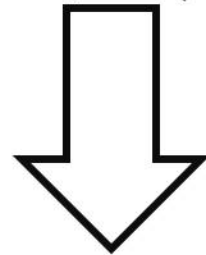


## ENSURE THE FOLLOWING

1. You have completed the OWHA Injury Form.
2. All fields on the form are completed in full, including the Health Insurance Information at the bottom of the first page. NOTE: Incomplete forms will cause delays in processing your claim.
3. Forms must be submitted to the OWHA within 90 days of the accident. Completed forms can be emailed to [insurance@owha.on.ca](mailto:insurance@owha.on.ca)
4. If you wish to make a claim, original copies of the receipts must be mailed to the OWHA office (225 Watline Avenue, Mississauga ON, L4Z 1P3). Receipts may be submitted up to 52 weeks after the initial accident. Ensure that you include a copy of the injury report you have submitted along with the receipts that you mail to the OWHA office. NOTE: Please be advise that no payments will be made without the original receipts.



### NEED ASSISTANCE?

Contact the OWHA office at

Phone: 905-282-9980

Email: [insurance@owha.on.ca](mailto:insurance@owha.on.ca)

**WHAT  
HAPPENS  
NOW?**



- Forms are reviewed, logged and sent to Hockey Canada

- Reviews the forms, and enter into the HCR database. A claim is now open and documents sent to claims

- Are accepted up to 52 weeks from the accident date and can take anywhere from 6 to 10 weeks to process. Sometimes longer.