

# EVENT PROGRAM



**OPENING CEREMONY**  
**JULY 16. 6:30 PM**

**PRESENTERS & EVENT SCHEDULE**  
**JULY 16-19, 2018**



Sponsored by



#### MAVERIK LACROSSE

Maverik is a leading lacrosse manufacturer of heads, shafts, complete sticks, a complete line of protective gear, and accessories. With input from the game's top players, Maverik is truly "powered by the player" on its tireless mission to offer innovative, high performance product that helps you play your best.

Check out our new "Headfinder" guided quiz @ [www.maveriklacrosse.com/headfinder](http://www.maveriklacrosse.com/headfinder) to find the perfect head for your game, and customize your team's protective gear and Cascade helmets at [www.factorycustom.com](http://www.factorycustom.com)



# WELCOME

Welcome to Delaware!

We're so glad to have players, coaches, families, friends and fans here for this amazing event. While you'll certainly experience great lacrosse this weekend, make sure to also take time away from the field to enjoy Delaware's endless discoveries. Do some tax-free shopping. Gather around the table for a delicious meal. Dip your toes in the sand at a beautiful beach. Whether you have been to Delaware ten times or 100 times, you'll always find something new to explore.

Thanks to LEGACY Global Sports, DE Turf and the Delaware Sports Commission for the work that is making this week possible. We look forward to four fun days of incredible lacrosse.

Good luck to everyone!

– **Liz Keller, Delaware Tourism Director**



[VisitDelaware.com](http://VisitDelaware.com)

## The Honorable John Carney Governor of Delaware



Born in Wilmington and raised in Claymont, Governor John Carney has been working for the Delaware people for more than 30 years. John took office as Delaware's 74th Governor in January 2017 focused on making Delaware's economy more competitive, preparing Delaware's children to succeed, and building a long-term sustainable financial plan from the State of Delaware. He previously served as Delaware's lone member of the U.S. House of Representatives, Lieutenant Governor, Secretary of Finance and Deputy Chief of State to Gov. Tom Carper.

The second of nine children, Governor Carney was born in Wilmington and raised in Claymont by his parents, Jack and Ann Carney, who were both educators. He attended St. Mark's High School and led the school's football team to its first state championship in 1973. He starred for the Dartmouth College football team while getting his Bachelor's degree and then coached both football and lacrosse as he earned a Master's from the University of Delaware.

Governor Carney lives in Wilmington with his wife, Tracey. They have two sons, Sam and Jimmy.

# **Welcome invited delegates from the State of Delaware. Thank you for your support of the National Lacrosse Classic.**

**Governor John Carney  
Lieutenant Governor Bethany Hall-Long  
Secretary Jennifer Cohan, DelDOT**

## **Delaware State Legislators – Kent County**

Senator Brian Bushweller  
Senator Bruce C. Ennis  
Senator Colin Bonini  
Senator David G. Lawson  
Senator F. Gary Simpson  
Representative Andria Bennett  
Representative Charles Postles  
Representative Dave Wilson  
Representative Harvey Kenton  
Representative Jeffrey N. Spiegelman  
Representative Lyndon Yearick  
Representative Sean M. Lynn  
Representative W. Charles Paradee  
Representative William J. Carson  
Representative Wm. Robert Outten

## **Kent County Levy Court**

Honorable Allen Angel  
Honorable P. Brooks Banta  
Honorable Eric Buckson  
Honorable Jim Hosfelt  
Honorable Glen Howell  
Honorable Terry Pepper  
Honorable Jody Sweeney  
County Administrator Michael Petite de Mange

Mayor of Camden	Justin King
Mayor of Dover	Robin Christansen
Mayor of Frederica	Chick Glanden
Mayor of Milford	Arthur Campbell
Mayor of Smyrna	John Embert
Mayor of Harrington	Anthony Moyer

## **DE TURF Board of Directors**

William “Bill” Strickland, Chairman  
Linda Parkowski, Vice Chair  
Sean Mercer, Treasurer  
Cindy Small, Secretary  
Shelly Cecchett, Greater Kent  
Committee  
John W. Paradee, Esq.  
Elizabeth Keller, Delaware Tourism  
Office  
Wendie Vestfall, Kent County Tourism  
Office  
Jessica Dmitchik, Delaware Sports  
Commission  
Representative Lyndon Yearick  
Representative Charles Postles  
Jeremy Sheppard  
Wilmer E. Abbott IV  
David N. Rutt  
Michael Harrington, Jr.  
Robert D. Reed  
Scott Hammer  
Carrie Lingo  
Tim Slavin



## **A BIG THANK YOU!**

**Greater Kent Committee**

*For sponsoring the Staff Dinner and Opening Reception*

**Kent County Tourism Office**

*For sponsoring the Staff Breakfast*



# WELCOME TO THE TOP OF THE CLASS

Over 1,800 of the nation's top high school and youth lacrosse players will represent their home state, showcased in front of lacrosse enthusiasts and the nation's top college recruiters – all looking for something special.

This is your first opportunity to make that meaningful impression to get noticed and considered; a tipping point for where your journey will take you.

Congratulations on earning an invite to compete at the Maverik National Lacrosse Classic at DE Turf Sports Complex in Delaware.

## ENHANCE YOUR KNOWLEDGE AT THE NLC

The Maverik National Lacrosse Classic offers players and their families a comprehensive roadmap for navigating the world of lacrosse. With top tier specialists on hand; the Maverik National Lacrosse Classic provides the tools needed for success both on and off the athletic fields.

## SPEAKERS – NAVIGATING YOUR COLLEGIATE FUTURE



**Dr. Greg Dale**

*Professor of Sport Psychology and Sport Ethics at Duke University. Director of Sport Psychology and Leadership Programs for Duke Athletics.*



As one of the nation's leading sport psychology consultants and peak performance coaches, Dr. Greg Dale provides a wealth of knowledge and practical strategies for anyone interested in enhancing their performance or their environment.

Greg consults with numerous college and professional athletes/teams as well as high school teaching and coaching staffs. He consults with organizations and corporations around the world including The World Bank, Habitat for Humanity International, IBM, Airports Council International and Pfizer.

Dr. Dale has written four books related to leadership, performance and parenting. He is a returning speaker to the National Lacrosse Classic as well as a featured guest on Good Morning America, MSNBC and radio programs. He has the opportunity to serve on the National Advisory Boards for Positive Coaching Alliance and US Lacrosse Coach Education.

### Presenting Times

#### **7/17, Tuesday**

11:00 AM & 2:00 PM, Tent Main Concourse

#### **7/20, Wednesday**

11:00 AM & 2:00 PM, Tent Main Concourse



## KEYNOTE SPEAKER & PRESENTER



**Troy Kemp**

*Executive Director of the National Center for the Development of Boys*

*Keynote Speaker & Presenter*

### **The Art and Science of Inspiring Boys and Building Men**

Troy Kemp will share his lessons learned in leadership and help each participant ignite the fire within themselves and better understand how to sustain the momentum.

A longtime educator at McCallie School for boys in Chattanooga Tennessee, Troy Kemp brings his quarter-century of experience in almost every facet of interaction with boys – as a math teacher, a championship-winning coach, an advisor, a dorm leader, a school administrator and as a parent to the National Center for the Development of Boys.

Troy has been a supporter of the National Lacrosse Classic having coached in this event for nine years. His son TJ was a player participant in this event during his high school years and played collegiately and professionally at the University of North Carolina and for Major League Lacrosse.

#### **Presenting Times**

**7/17, Tuesday**

**3:00 PM, Tent Main Concourse**

**7/18, Wednesday**

**12:00 PM, Tent Main Concourse**

## WEBSITE REFERENCES

#### **#NLCNATION**

[www.NLCnation.com](http://www.NLCnation.com)

#### **LEGACY Global Lacrosse**

[www.LGSlacrosse.com](http://www.LGSlacrosse.com)

#### **National Lacrosse Classic**

[www.nationallacrosseclassic.com](http://www.nationallacrosseclassic.com)

#### **Maverik Lacrosse**

[www.maveriklacrosse.com](http://www.maveriklacrosse.com)

#### **Dr. Greg Dale – Excellence in Performance**

[www.excellenceinperformance.com](http://www.excellenceinperformance.com)

#### **Troy Kemp – Understanding Boys**

[www.understandingboys.org](http://www.understandingboys.org)

## SOCIAL MEDIA

#### **Twitter & Instagram**

@NLCLacrosse @LGSlacrosse, #NLCNATION

#### **Download - Team App – Schedules, Results, Social**

<https://nationallacrosseclassic.teamapp.com/dashboard>



# LACROSSE U FOR U



**Mindy McCord**

*NCAA DI Head Women's Lacrosse Coach at Jacksonville University*

Mindy McCord has catapulted Jacksonville University from a 1st year program to three wins over top-20 opponents, 11 conference championships, 15 NCAA statistical titles, and 5 NCAA appearances.

The JU women's lacrosse program set the NCAA record for scoring in a single season (18.22 goals/game) in 2012 and broke the record in 2018. More importantly she has produced a legacy of graduates with a 100% job and graduate school placement rate. Their team GPA over the first eight years is a 3.4 in majors such as nursing, business, communications, education, and more than twenty others.

A returning speaker to the National Lacrosse Classic, Coach McCord will present valuable information to players and parents about the collegiate recruitment process, admissions and tuition finance- scholarships.

## **Presenting Times**

**7/17, Tuesday**

**12:00 PM, Tent Main Concourse**

**7/18, Wednesday**

**10:00 AM, Tent Main Concourse**

# ENHANCE YOUR KNOWLEDGE AT LACROSSE U



**Jim Blaz**

*Occupational Therapist & Health & Fitness Education Instructor, CPT(A), CSCS*

Jim Blaz returns to the National Lacrosse Classic this year to present **"Prevalence and Prevention"** which is a discussion about the most common lacrosse injuries and how to prevent them. He will address the differences between male and female, and youth and high school injuries.

Lacrosse is a fast-paced, multi-directional, and repetitive sport. Athletes often succumb to both acute and overuse injuries as a result of the sport and not enough rest.

Jim's presentation will suggest a practical program of injury prevention for all groups.

## **Presenting Times**

**7/17, Tuesday**

**4:00 PM, Tent Main Concourse**

**7/18, Wednesday**

**1:00 PM, Tent Main Concourse**



# LACROSSE U FOR U



**Ron Caputo**

*NCAA DI Assistant Men's Lacrosse Coach  
Duke University*

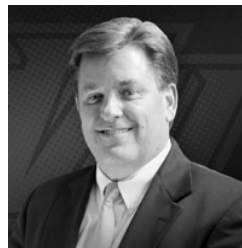
Ron Caputo is the Director of the Maverik National Lacrosse Academy for boys.

Coach Caputo just finished his 10<sup>th</sup> season at Duke University. He is one of the great lacrosse minds nationally and works with midfield and faceoff specialist.

This will be Coach Caputo's 9<sup>th</sup> year as Director of the National Lacrosse Academy for boys. The Academy offers talented young players a hybrid and holistic curriculum of one-on-one position instruction, strategy and competitive game play led by the top NCAA lacrosse coaches. The National Lacrosse Academy aims to improve player fundamentals and lax IQ for competitive game play.

1,948 NLC alumni excelled in the 2018 NCAA season with many garnering Teewaraton, All America, All Conference, All Rookie Team honors.

## ENHANCE YOUR KNOWLEDGE AT LACROSSE U



**Jason Lamb**

*Director of Athletics and Lacrosse  
Southern Virginia University*

Jason Lamb is the director of athletics and director of lacrosse at Southern Virginia University.

Coach Lamb has also been a successful head coach at the international level of lacrosse leading the USA West All-Stars to a 34-5 (.872) mark to go along with several international titles, including the 2002 Open Division Championship at the Lacrosse Federation World Games in Perth, Australia, the 2004 Prague Cup in Prague, Czech Republic, and the 2006 ASPAC Championship in Osaka, Japan.

A returning Academy coach to the National Lacrosse Classic, Coach Lamb will present valuable information to players and parents about the collegiate recruitment process, admissions and tuition finance- scholarships.

### Presenting Times

**7/17, Tuesday**

**10:00 AM, Tent Main Concourse**

**7/18, Wednesday**

**3:00 PM, Tent Main Concourse**





# LACROSSE U FOR U



**Chelsea Rosiek**

*NCAA DI Head Women's Lacrosse Coach  
St. Bonaventure University*

Chelsea Rosiek is Co-Director of the Maverik National Lacrosse Academy for girls.

Prior to her head coaching position at St. Bonaventure University, coach Rosiek had been the head coach at Division II Chestnut Hill (Pa.) College since 2012, leading the Griffins to their first Central Atlantic Collegiate Conference (CACC) playoff berth in six years this past season.

As Co-Director of the National Lacrosse Academy for girls, Coach Rosiek helps to implement a hybrid and holistic curriculum of one-on-one position instruction, strategy and competitive game play led by the top NCAA lacrosse coaches. The National Lacrosse Academy is aims to improve player fundamentals and lax IQ for competitive game play.

1,948 NLC alumni exceled in the 2018 NCAA season with many garnering Teewaraton, All America, All Conference, All Rookie Team honors.

## ENHANCE YOUR KNOWLEDGE AT LACROSSE U



**Eileen Ghent Ferry**

*Head Women's Lacrosse Coach  
Irish National Team  
Former NCAA DI Head Women's Lacrosse Coach  
Monmouth University*

Eileen Ferry, has been named the Head Women's Lacrosse Coach for the U-19 Irish National Team at the FUL U19 World Championships in August 2019

In 2018, Coach Ferry joined the women's lacrosse team coaching staff at Robert Morris University.

Coach Ferry is the former NCAA DI Head Women's lacrosse coach at Monmouth University where she lead the Hawks for six seasons.

As Co-Director of the National Lacrosse Academy for girls, Coach Rosiek helps to implement a hybrid and holistic curriculum of one-on-one position instruction, strategy and competitive game play led by the top NCAA lacrosse coaches. The National Lacrosse Academy is aims to improve player fundamentals and lax IQ for competitive game play.



# LACROSSE U FOR U



**Denise Wescott**

*Former NCAA DI Head Women's Lacrosse Coach  
2018 US Lacrosse National Hall of Fame Inductee*

Denise Wescott returns to the National Lacrosse Classic as a featured presenter.

US Lacrosse has announced Denise will be a member of for the Class of 2018 National Lacrosse Hall of Fame.

Coach Wescott compiled more than 200 wins as a head coach at Mount St. Mary's, Delaware, Monmouth and Rutgers. The former president of the Intercollegiate Women's Lacrosse Coaches Association from 1999 to 2001 has conducted lacrosse clinics in 13 different countries and was the head coach of the German national team for 10 years.

## Presenting Times

**7/17, Tuesday**  
**1:00 PM, Tent Main Concourse**

**7/18, Wednesday**  
**9:00 AM, Tent Main Concourse**

## ENHANCE YOUR KNOWLEDGE AT LACROSSE U

### SPEAKER SCHEDULE

#### TUESDAY, JULY 17

College Recruiting & Admissions Tips	10:00 AM	Jason Lamb
Sports Psychology & Leadership	11:00 AM	Dr. Gregory Dale
College Recruiting & Admissions Tips	12:00 PM	Mindy McCord
Your College Lacrosse Experience	1:00 PM	Denise Wescott
Sports Psychology & Leadership	2:00 AM	Dr. Gregory Dale
The Art and Science of Inspiring Boys and Building Men	3:00 PM	Troy Kemp
Human Performance	4:00 PM	Jim Blaz

#### WEDNESDAY, JULY 18

Your College Lacrosse Experience	9:00 AM	Denise Wescott
College Recruiting & Admissions	10:00 PM	Mindy McCord
Sports Psychology & Leadership	11:00 AM	Dr. Gregory Dale
The Art and Science of Inspiring Boys and Building Men	12:00 PM	Troy Kemp
Human Performance	1:00 PM	Jim Blaz
Sports Psychology & Leadership	2:00 PM	Dr. Gregory Dale
College Recruiting & Admissions	3:00 PM	Jason Lamb

# LACROSSE SERVICES



## WE ARE HERE FOR YOU.

Your Event Directors  
*Chris Boland, Jeff Martin,  
Dianna Eberl (l-r)*



approach  
clothing co.



**SISU – MORE PROTECTION. LESS MOUTHGUARD.**

When stacked next to its competitors, every SISU stands out in  
Five key areas: **STRENGTH, COMFORT, HYGIENE &  
REMOLDABILITY**

**SWAG! Retail Store. Summer Ending Clearance Sale!**

Great assortment of commemorative tee-shirts with player  
names, shorts, tech tees, shooter shirts, Maverik and Cascade  
lacrosse helmets, heads & handles. *ATM on premise. Most credit  
cards accepted.*



# LACROSSE SERVICES



## Professional Video

First Scout will be filming EVERY game at the National Lacrosse Classic using the HIPOD and professional HD cameras.

Order your game film or edited player highlights for college recruiting, instruction and keepsake.

### National Lacrosse Classic - orders

<https://www.firstscout.tv/2018-national-lacrosse-classic/>



## Professional Action Photography

Enduro Photo will have a team of professional sports photographers covering all of the game action!

Order your action shots, team photo and individual player portrait.

### National Lacrosse Classic - orders

<https://store.endurophoto.com/>





# OFFICIAL HYDRATION PROVIDER TO THE NATIONAL LACROSSE CLASSIC



## GATORADE – THE SPORTS FUEL COMPANY

Gatorade has been the Official Sports Hydration provider to the National Lacrosse Classic for 11 years.

### Gatorade

<http://www.gatorade.com/>



# GAME INFORMATION

## Maverik National Lacrosse Classic

### DE Turf Sports Complex



#### GAME FORMAT

- Two 22 minute running time halves. Games/halves start and stop on a central horn
- 5 minute halftime
- Each team receives one 60 second time out per half (clock continues to run)
- Timeouts cannot be taken in the final 5 minutes of each half.
- Pool and consolation games can end in a tie. Playoff games cannot end in a tie - standard overtime procedures will be used.
- Results of cross-pool games (Win/Loss, Goals Allowed and Goals Scored) will not be included in the standings.

#### TIE BREAKER

- Head-to-head games results (if all tied teams have played each other)
- Least goals allowed
- Largest goal differential (goals scored minus goals allowed)
- Coin flip

The scheduling committee may adjust seeding to avoid a first round game between two teams from the same pool.



#### SPORTSMANSHIP

**We love a good game and sportsmanship! Respect the game.** Do not approach the game officials before or after a game. Enjoy the games and shout encouraging words!



# MEDICAL ASSISTANCE

## Maverik National Lacrosse Classic

### DE Turf Sports Complex



#### ATHLETIC TRAINERS

Certified athletic trainers will be on-site to manage health care problems associated with sports participation.

Their primary role at the lacrosse event is to:

Provide injury Evaluation, Treatment and First Aid to injuries and wounds.

Provide prevention and functional athletic wrapping.

Communicate with emergency medical personnel and authorities. A physician will not be on-site.

Direct Emergency access for EMS to the injured athlete.

#### EMERGENCY MEDICAL 911

Prior notification of the event dates and location has been provided to nearby EMS transport.

#### EVALUATION & PRIMARY CARE

1. Provide basic standard of care to athlete - Do No Harm
2. Athletic trainer will evaluate injury at the request of the coach, official, athlete or parent
3. For mild to moderate injury:
  - a. stabilize
  - b. I.C.E.
  - c. referral to appropriate medical personnel/facility if necessary
  - d. wrapping, strapping, taping, padding – all athletes are advised to bring their own supplies (limited supply on-hand)
  - e. advise follow-up care for day/night to athlete, coach, parent
4. Severe injury
  - a. stabilize
  - b. ABC's
  - c. 911 - or local EMS number
  - d. contact medical director with:
    - (1) what field
    - (2) possible injury
    - (3) request for someone to direct EMS to injured athlete



# EMERGENCY ACTION PLAN

## Maverik National Lacrosse Classic

### DE Turf Sports Complex



#### WEATHER-RELATED ADJUSTMENTS

In the event of field closures and/or unplayable field conditions or adverse or threatening weather conditions, including rain, wind, lightning, excess heat and/or humidity, tournament organizers reserve the absolute and unfettered right to:

- Cancel and/or postpone further play in whole or in part.
- Reduce game times to catch up with schedule, whether caused by cancellations, postponements, or to accelerate
- the schedule to avoid the onset of adverse or threatening weather conditions.
- Revise the schedule, including modifying game times and rules and/or canceling certain games.
- Interrupt and suspend games as necessary; games that are continued from the point of interruption may be subject
- to modified rules if they resume, as circumstances warrant.
- Finish or end games before inclement weather arrives or to preserve field conditions.
- Games that start but are truncated of necessity will be deemed official at the point of termination regardless of
- actual duration.
- No refunds will be issued due to any weather-related adjustments during the Tournament.

#### LIGHTNING & THREATENING STORM CONDITIONS

Officials are expected to follow established safety rules and suspend games for the appropriate interval(s) of time if there are lightning strikes in the vicinity of the event (typically not less than 30 minutes after last sound of thunder or last sighting of lightning). The Tournament will also use blasts from an air horn to instruct all participants to leave the fields and find shelter and safety. The Tournament will resume the schedule after clearance from the Assigning Official and event director.

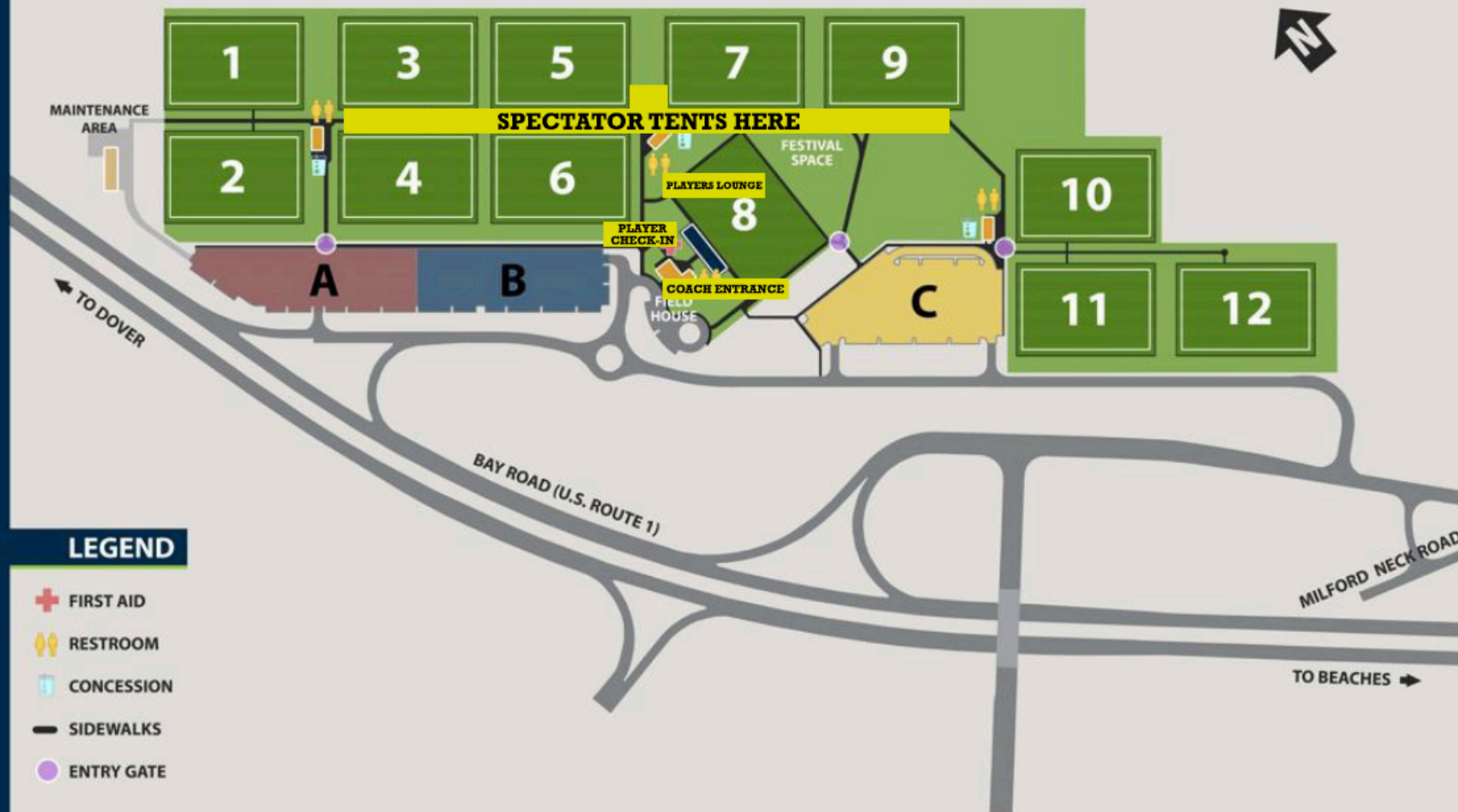
#### EMERGENCY ACTION PLAN

Weather conditions can change rapidly and all teams, players, coaches, parents and fans should be prepared to vacate the field in as orderly a fashion as possible and to find safety in their vehicles. **IT IS NOT ADVISABLE TO SEEK SHELTER UNDER TENTS IN AN OPEN FIELD OR UNDER TREES DURING ADVERSE WEATHER CONDITIONS, INCLUDING A LIGHTNING STORM. FIND SHELTER IN A VEHICLE IMMEDIATELY AND MAKE SURE THE WINDOWS ARE UP.** The event directors will endeavor to transmit updates via text messaging and the tournament's mobile app-TEAM APP.



# FIELD MAP

**EATURF**  
SPORTS COMPLEX



## LEGEND

- FIRST AID
- RESTROOM
- CONCESSION
- SIDEWALKS
- ENTRY GATE

# SPORTS4LIFE FOUNDATION

## WHAT WE DO

*The Sports4Life Foundation aims to enrich the lives of athletes by providing opportunities to help reach their individual potential and develop a lifelong passion for sports.*

## MISSION

*As a nonprofit organization, we strongly believe sports are a positive influence and can provide a valuable education in leadership, teamwork and competition.*

## DONATING

*With your donations, we can provide all athletes equal opportunities to play the sports they love. As a 501c3 nonprofit (tax ID #22-3445922), donations to the Sports4Life Foundation are tax-deductible.*

## Support Sports4Life by Shopping on Amazon!

Sports4Life is thrilled to be part of the Amazon Smile program, which donates .5% of the price of your purchase to charity! Use [smile.amazon.com](https://smile.amazon.com) and select Sports4Life as your charity, and continue shopping. (YES it is that easy!)

**amazon**smile  
You shop. Amazon gives.

Scan the QR code to visit  
the Sports4Life Website!



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