

| Day: | Date: | Time: | Event/Location: | Location | Visitor Team: | vs | Home Team: |
|------------------|----------------------|--------------------|--|--------------------|---|------------------|--|
| Wednesday | 1/2/2019 | 6:00PM | All Player Evaluation Practice | Lake Forest | All Players | | All Player |
| Saturday | 1/5/2019 | 9:45AM | All Player Evaluation Scrimmage | Lake Forest | All Players | | All Player |
| Monday | 1/7/2019 | 6:10PM | All Player Evaluation Practice | Aliso Viejo | Jerseys in Pro-shop | | All Player |
| Saturday | 1/12/2019 | 9:45AM | Games | Lake Forest | Blue Royals Purple Monarchs | vs vs | Black Knights Silver Hawks |
| Saturday | 1/12/2019 | 11:00AM | Games | Lake Forest | Yellow Falcons Orange Lions | vs vs | Green Arrows Red Dragons |
| Monday | 1/14/2019 | 6:10PM | Practice | Aliso Viejo | Purple, Red | | Yellow, Green |
| Wednesday | 1/16/2019 | 6:00PM | Practice | Lake Forest | Blue,Orange | | Black, Silver |
| Saturday | 1/19/2019 | 9:45AM | Games | Lake Forest | Silver Hawks Red Dragons | vs vs | Orange Lions Yellow Falcons |
| Saturday | 1/19/2019 | 11:00AM | Games | Lake Forest | Green Arrows Black Knights | vs vs | Blue Royals Purple Monarchs |
| Monday | 1/21/2019 | 6:10PM | Practice | Aliso Viejo | Blue,Orange | | Black, Silver |
| Wednesday | 1/23/2019 | 6:00PM | Practice | Lake Forest | Purple, Red | | Yellow, Green |
| Saturday | 1/26/2019 | 9:45AM | Games | Lake Forest | Purple Monarchs Yellow Falcons | vs vs | Blue Royals Silver Hawks |
| Saturday | 1/26/2019 | 11:00AM | Games | Lake Forest | Orange Lions Red Dragons | vs vs | Black Knights Green Arrows |
| Monday | 1/28/2019 | 6:10PM | Practice | Aliso Viejo | Purple, Red | | Yellow, Green |
| Wednesday | 1/30/2019 | 6:00PM | Practice | Lake Forest | Blue,Orange | | Black, Silver |
| Saturday | 2/2/2019 | 9:45AM | Games | Lake Forest | Silver Hawks Black Knights | vs vs | Red Dragons Yellow Falcons |
| Saturday | 2/2/2019 | 11:00AM | Games | Lake Forest | Blue Royals Green Arrows | vs vs | Orange Lions Purple Monarchs |
| Monday | 2/4/2019 | 6:10PM | Practice | Aliso Viejo | Blue,Orange | | Black, Silver |
| Wednesday | 2/6/2019 | 6:00PM | Practice | Lake Forest | Purple, Red | | Yellow, Green |
| Saturday | 2/9/2019 | 9:45AM | Games | Lake Forest | Yellow Falcons Silver Hawks | vs vs | Blue Royals Green Arrows |
| Saturday | 2/9/2019 | 11:00AM | Games | Lake Forest | Red Dragons Orange Lions | vs vs | Black Knights Purple Monarchs |
| Monday | 2/11/2019 | 6:10PM | Skating Clinic | Aliso Viejo | | | Register online \$30 |
| Wed-SUN | FEB 13th-17th | No sessions | No session Happy Presidents day weekend | | Bye Week | | No sessions |
| Monday | 2/18/2019 | 6:10PM | Practice | Aliso Viejo | Purple, Red | | Yellow, Green |
| Wednesday | 2/20/2019 | 6:00PM | Practice | Lake Forest | Blue,Orange | | Black, Silver |
| Saturday | 2/23/2019 | 9:45AM | Games | Lake Forest | Green Arrows Black Knights | vs vs | Orange Lions Silver Hawks |
| Saturday | 2/23/2019 | 11:00AM | Games | Lake Forest | Blue Royals Purple Monarchs | vs vs | Red Dragons Yellow Falcons |
| Monday | 2/25/2019 | 6:10PM | Practice | Aliso Viejo | Blue,Orange | | Black, Silver |
| Wednesday | 2/27/2019 | 6:00PM | Practice | Lake Forest | Purple, Red | | Yellow, Green |
| Saturday | 3/2/2019 | 9:45AM | Games | Lake Forest | Silver Hawks Yellow Falcons | vs vs | Blue Royals Orange Lions |
| Saturday | 3/2/2019 | 11:00AM | Games | Lake Forest | Black Knights Red Dragons | vs vs | Green Arrows Purple Monarchs |
| Monday | 3/4/2019 | 6:10PM | Practice | Aliso Viejo | Purple, Red | | Yellow, Green |
| Wednesday | 3/6/2019 | 6:00PM | Practice | Lake Forest | Blue,Orange | | Black, Silver |

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| Saturday | 3/9/2019 | 9:45AM | Games | Lake Forest | Black Knights Red Dragons | vs vs | Blue Royals Orange Lions |
| Saturday | 3/9/2019 | 11:00AM | Games | Lake Forest | Silver Hawks Green Arrows | vs vs | Purple Monarchs Yellow Falcons |
| Monday | 3/11/2019 | 6:10PM | Practice | Aliso Viejo | Purple, Red | | Yellow, Green |
| Wednesday | 3/13/2019 | 6:00PM | Practice | Lake Forest | Blue,Orange | | Black, Silver |
| Saturday | 3/16/2019 | 9:45AM | Games | Lake Forest | Silver Hawks Blue Royals | vs vs | Purple Monarchs Yellow Falcons |
| Saturday | 3/16/2019 | 11:00AM | Games | Lake Forest | Black Knights Green Arrows | vs vs | Orange Lions Red Dragons |
| Monday | 3/18/2019 | 6:10PM | Practice | Aliso Viejo | Purple, Red | | Yellow, Green |
| Wednesday | 3/20/2019 | 6:00PM | Practice | Lake Forest | Blue,Orange | | Black, Silver |
| Saturday | 3/23/2019 | 9:45AM | Games | Lake Forest | Black Knights Green Arrows | vs vs | Red Dragons Silver Hawks |
| Saturday | 3/23/2019 | 11:00AM | Games | Lake Forest | Purple Monarchs Blue Royals | vs vs | OrangeLions Yellow Falcons |
| Monday | 3/25/2019 | 6:10PM | Practice | Aliso Viejo | Purple, Red | | Yellow, Green |
| Wednesday | 3/27/2019 | 6:00PM | Practice | Lake Forest | Blue,Orange | | Black, Silver |
| Saturday | 3/30/2019 | 9:45AM | Ice Palace Cup Game: @Lake Forest | Lake Forest | Red Dragons Yellow Falcons | vs vs | Blue Royals Purple Monarchs |
| Saturday | 3/30/2019 | 11:00AM | Ice Palace Cup Game: @Lake Forest | Lake Forest | Silver Hawks Orange Lions | vs vs | Black Knights Green Arrows |